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Intravesical dimethyl sulfoxide (DMSO) for interstitial cystitis--a practical approach.

Parkin J, Shea C, Sant GR.

Interstitial Cystitis Clinic, New England Medical Center, Boston, MA 02111, USA.

Abstract

OBJECTIVES: To provide a brief overview of intravesical dimethyl sulfoxide (DMSO) therapy for interstitial cystitis and offer a practical approach to patient treatment.

METHODS: A review of the literature and a summation of the experience with treatment of > 300 patients with DMSO at the Interstitial Cystitis Clinic, New England Medical Center.

RESULTS: DMSO is helpful in a significant number of patients and it has acceptable morbidity and an excellent safety profile.

CONCLUSIONS: Intravesical DMSO (singly or in combination) is one of the mainstays in the pharmacologic treatment of interstitial cystitis.

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